



## 「香港迪士尼樂園 10K Weekend - 20 周年派對版 - AIA Vitality 健康程式全力支持」常見問題

### “Hong Kong Disneyland 10K Weekend - 20th Anniversary Party Edition - Presented by AIA Vitality” Frequently Asked Questions

#### A. 一般問題 General Questions

1	<p><b>是否所有賽事均設有獎項？</b>          僅限「優獸大都會 5 公里跑」及「彼思 10 公里跑」之比賽組設有獎項。</p>	<p><b>Are there any awards / prizes for all Race / categories?</b>          Awards / Prizes are set for “Zootopia 5K” and “Pixar 10K” (Race Group) only.</p>
2	<p><b>比賽的起點、終點在哪裡？</b>          3 公里跑、5 公里跑及 10 公里跑賽事的起點、終點均設於香港迪士尼樂園旅遊巴士停車場。          童樂跑的起點設於明日世界與幻想世界之間的巡遊路線，終點則設於明日世界內。</p>	<p><b>Where are the Starting and Finishing lines?</b>          The Starting and Finishing lines of 3K, 5K and 10K are located at Hong Kong Disneyland Coach Park.          Junior Race Starting line is located at the parade route between Tomorrowland and Fantasyland. Finishing line is inside Tomorrowland.</p>
3	<p><b>活動當日有否提供私家車及電單車的泊車位？</b>          於香港迪士尼樂園度假區的私家車停車場提供有限數量車位，收費及詳情可瀏覽 <a href="https://www.hongkongdisneyland.com/zh-hk/guest-services/parking/">https://www.hongkongdisneyland.com/zh-hk/guest-services/parking/</a>          開放時間：          11月1日：上午4:45起          11月2日：上午4:15起          「奇妙處處通」白金卡及金卡會員可如常享有樂園停車場泊車優惠。詳情可瀏覽「奇妙處處通」網頁：  <a href="https://www.hongkongdisneyland.com/zh-hk/book/general-magic-access/">https://www.hongkongdisneyland.com/zh-hk/book/general-magic-access/</a></p>	<p><b>Is there any parking space for private cars and motorcycles on the event day?</b>          Limited number of parking space is available at the carpark of Hong Kong Disneyland Resort. For rates and details, please visit <a href="https://www.hongkongdisneyland.com/guest-services/parking/">https://www.hongkongdisneyland.com/guest-services/parking/</a>          Opening time:          Nov 1: 4:45am onwards          Nov 2: 4:15am onwards          Magic Access Platinum and Gold Members may enjoy their usual parking benefit. For details, please visit Magic Access webpage:  <a href="https://www.hongkongdisneyland.com/book/general-magic-access/">https://www.hongkongdisneyland.com/book/general-magic-access/</a></p>



4 部分賽事日於清晨時段舉行，當天有沒有特別之交通配套安排？

由於「優獸大都會5公里跑」及「彼思10公里跑」分別於11月1日早上6:45分及11月2日早上6:15分起跑，大會將於11月1日及11月2日為該兩項賽事的參加者安排特別巴士服務。

- \* 只供已預先購買車票的人士乘搭，登車時必須出示車票。
- \* 特別巴士車票不設退款及更換。
- \* 服務時間只供參考，並可能會更改。
- \* 特別巴士服務恕不提供給訪港旅客。
- \* 各接載地點可因突發情況變更，請瀏覽

<https://www.hongkongdisneyland.com/hkdl/10k-weekend-2025/>

獲取更新資訊。

#### 特別巴士接載地點及時間

接載地點	11月1日 優獸大都會 5公里跑	11月2日 彼思10公里跑	
		比賽組	歡樂組
預計到達會場中心時間	早上 5:30	早上 5:15	早上 5:45
<a href="#">將軍澳 – 公共交通交匯處 (近港鐵將軍澳站)</a>	早上 4:45	早上 4:30	早上 5:00
<a href="#">大埔 – 安慈路 (近翠屏花園)</a>	早上 4:55	早上 4:40	早上 5:10
<a href="#">屯門 – 屯門站港鐵巴士總站 (室內)</a>	早上 5:00	早上 4:45	早上 5:15
<a href="#">沙田 – 白鶴汀街 (近新城市廣場戲院)</a>	早上 5:00	早上 4:45	早上 5:15
<a href="#">灣仔 – 告士打道 (近六國酒店)</a>	早上 5:00	早上 4:45	早上 5:15
<a href="#">觀塘 – 觀塘道 (近創紀之城1期)</a>	早上 5:00	早上 4:45	早上 5:15
<a href="#">旺角 – 洗衣街 62 號 (近前中旅社)</a>	早上 5:05	早上 4:50	早上 5:20
<a href="#">荃灣 – 港鐵荃灣站 (西樓角路)</a>	早上 5:05	早上 4:50	早上 5:20

#### Would there be special transportation arrangements in the morning of the race days?

A special bus service will be arranged for the Participants of “Zootopia 5K” and “Pixar 10K” Race on November 1 and November 2 ONLY as their starting time is 6:45a.m. & 6:15a.m. respectively.

- \* Only available to Participants who have purchased the bus ticket in advance. Participants must present the ticket when boarding.
- \* No refund or exchange is allowed for the special bus ticket.
- \* Schedule information is for reference only and subject to change.
- \* This special bus service is not available to visitors to Hong Kong.
- \* The pick-up location may change due to unforeseen circumstances, please visit <https://www.hongkongdisneyland.com/hkdl/10k-weekend-2025/> for updates.

#### Special Bus Service Schedule

Pick up point	Nov 1 Zootopia 5K	Nov 2 Pixar 10K	
		Race	Fun
Estimated Arrival Time to Event Center	5:30 a.m.	5:15 a.m.	5:45 a.m.
<a href="#">Tseung Kwan O - Public Transport Interchange (near Tseung Kwan O MTR Station)</a>	4:45 a.m.	4:30 a.m.	5:00 a.m.
<a href="#">Tai Po – On Chee Road (near Jade Plaza)</a>	4:55 a.m.	4:40 a.m.	5:10 a.m.
<a href="#">Tuen Mun West Rail Station Bus Terminal (covered)</a>	5:00 a.m.	4:45 a.m.	5:15 a.m.
<a href="#">Shatin – Pak Hok Ting Street (near New Town Plaza Cinema)</a>	5:00 a.m.	4:45 a.m.	5:15 a.m.
<a href="#">Wan Chai – Gloucester Road (near Luk Kwok Hotel)</a>	5:00 a.m.	4:45 a.m.	5:15 a.m.
<a href="#">Kwun Tong Road (near Millennium City Phase 1)</a>	5:00 a.m.	4:45 a.m.	5:15 a.m.
<a href="#">Mong Kok – 62 Sai Yee Street (near former China Travel Service Ltd)</a>	5:05 a.m.	4:50 a.m.	5:20 a.m.
<a href="#">Tsuen Wan – Tsuen Wan MTR Station (near Sai Lau Kok Road)</a>	5:05 a.m.	4:50 a.m.	5:20 a.m.



5	<p>為什麼「Duffy與好友3公里跑」和「魔雪奇緣3公里跑」沒有大會特別巴士服務？</p> <p>「Duffy與好友3公里跑」賽事於11月1日早上7:30；早上8:15及早上9:00舉行，「魔雪奇緣3公里跑」賽事於11月2日早上7:45；早上8:15及早上9:00舉行。賽事當天，港鐵迪士尼線及巴士R8分別於早上6時15分及早上6時30分開始營運。有關港鐵及R8路線的服務時間，請瀏覽它們的網站<a href="https://www.mtr.com.hk/ch/customer/jp/index.php">https://www.mtr.com.hk/ch/customer/jp/index.php</a> 及 <a href="https://search.kmb.hk/KMBWebSite/?action=routesearch&amp;route=R8">https://search.kmb.hk/KMBWebSite/?action=routesearch&amp;route=R8</a></p>	<p><b>Why there is no special bus service arranged for “Duffy and Friends 3K” and “Frozen 3K” Race?</b></p> <p>“Duffy and Friends 3K” Race is scheduled on November 1 at 7:30a.m., 8:15am and 9:00a.m.; “Frozen 3K” Race is scheduled on November 2 at 7:45a.m., 8:15a.m and 9:00a.m.. The MTR’s Disneyland Resort line and R8 bus will start operating at 6:15a.m. and 6:30a.m. respectively on race days. For the detailed schedule of MTR and R8, please visit their websites at <a href="https://www.mtr.com.hk/en/customer/jp/index.php">https://www.mtr.com.hk/en/customer/jp/index.php</a> and <a href="https://search.kmb.hk/KMBWebSite/?action=routesearch&amp;route=R8&amp;lang=en">https://search.kmb.hk/KMBWebSite/?action=routesearch&amp;route=R8&amp;lang=en</a>.</p>
6	<p>若我在錯誤賽事起跑，會怎樣？</p> <p>參加者須於指定賽事起跑。在錯誤之賽事或時間起跑之參加者將不獲成績、主題獎牌及成績證書。</p>	<p><b>What if I start in the wrong Race?</b></p> <p>Participants should start in the designated Race. Participants who start in the wrong Race/ time will not obtain results, Event medals and finishing certificates.</p>
7	<p>如在報名後不能出賽會怎辦？</p> <p>由於報名費包括主題 T 恤、主題號碼布及其他物品等，大會不設退款，而所有賽事均不可轉讓。</p>	<p><b>What if I cannot participate after enrollment?</b></p> <p>As entry fee includes Event T-shirt, Event running bib and other items, entry fee is non-refundable, and all Race entries are not transferable.</p>
8	<p>是項跑步活動報名費包括甚麼？</p> <p>每項賽事的報名費包括主題 T 恤、主題號碼布及 20 周年 SouvenEAR 迷你派對配飾（10K Weekend 限定版）。每一成功完成賽事之參賽者更可獲得獎牌連頸繩及電子成績證書。</p> <p>此外，「米奇與好友童樂跑」的報名費亦包括 1 張活動貼紙及 3 條手帶。</p> <ul style="list-style-type: none"> <li>- [兒童參加者] 手帶 1 條 - 供兒童參加者本人使用以進入遊樂區；</li> <li>- [陪同參加者] 手帶（18 歲或以上）1 條 - 陪同進入「米奇與好友童樂跑」跑道和遊樂區；</li> <li>- [陪同者] 手帶 1 條 - 陪同進入明日世界內的遊樂區作為照顧者。</li> </ul> <p><u>遊樂區內之活動只限參與「米奇與好友童樂跑」參加者本人參加，陪同參加者及陪同者並不能夠參與活動（迪士尼跑手造型獎除外）。</u></p>	<p><b>What does the entry fee include?</b></p> <p>Entry fee of each Race includes Event T-shirt, Event running bib and 20th Anniversary SouvenEAR Mini Party accessory (10K Weekend Edition). Each Participant who successfully completed the Race will also receive an Event medal with lanyard and e-certificate.</p> <p>Entry fee of each “Mickey and Friends Junior Races” also includes an Event sticker and 3wristbands.</p> <ul style="list-style-type: none"> <li>- One [Child Participant] wristband for access to running route and Activity Zone,</li> <li>- One [Accompanying Participant] (Aged 18 or above) wristband for access running route and Activity Zone,</li> <li>- One [Companion] wristband to enter Tomorrowland Activity Zone without joining the race.</li> </ul> <p><b><u>Only Junior Race Participants are allowed to participate in the activities located in the Activity Zone, apart from the Disney-Style Runway Awards.</u></b></p>



9	<p><b>在活動中，參加者在哪裡可看到迪士尼朋友？</b></p> <p>參加者可在賽道沿途感受到不同的迪士尼元素及看到迪士尼朋友。</p>	<p><b>Where will I see Disney Characters during the Event?</b></p> <p>Participants may experience different Disney elements and see Disney Characters along the racecourse.</p>
10	<p><b>我能夠和迪士尼朋友拍照嗎？</b></p> <p>賽道沿途會有不同的迪士尼朋友現身為參加者打氣。但請注意每項賽事設限定完成時間（10 公里：2 小時 / 5 公里：1.5 小時 / 3 公里：1 小時）。</p>	<p><b>Can I take photos with Disney Characters?</b></p> <p>Disney Characters will cheer up Participants along racecourse. However, please pay attention to the completion time limit of each Race (10K: 2hrs / 5K: 1.5hrs / 3K: 1hr).</p>
11	<p><b>參加者可以在比賽中停留拍攝，大會能夠確保賽事的安全嗎？</b></p> <p>大會工作人員會沿途指示跑手流向。亦會在預期多人停留拍攝的位置增派工作人員維持秩序，保持賽道暢通及提供協助。</p>	<p><b>If Participants can stop to take photos during the Race, can the Organizers ensure the safety of the Race?</b></p> <p>The Officials will be deployed along the routes to direct Participants. Additional Officials will be deployed at certain prime locations where Participants may stop for photos taking to maintain order and a smooth flow along the racecourse and provide assistance to Participants.</p>
12	<p><b>報名費包括保險嗎？</b></p> <p>報名費不包括保險。參加者須自行承擔在比賽期間之所有風險及責任。參加者可自行選購所需之保險。大會建議參加者在報名前請先行評估自己的身體狀況是否適合比賽，及考慮所參加比賽的路程，才報名參加。如對自己的身體狀況有任何疑問，請向醫生查詢後才出賽。</p>	<p><b>Does the entry fee include any insurance?</b></p> <p>Entry fee does not include insurance. Participants enter the Event entirely at their own risk and responsibility. Participants are advised to purchase their necessary insurance. The Organizers advise Participants to assess whether their physical condition is suitable to participate in the Race and consider the race distances before applying for the Race. If you are concerned about your health, please consult a doctor before taking part in the Race.</p>
13	<p><b>賽事選手跑畢賽事後可否進入樂園？</b></p> <p>參加者跑畢賽事後可購買樂園門票並在樂園營運時間內出示有效樂園門票進入樂園。</p>	<p><b>Can the Participants enter the Park after the Race?</b></p> <p>After the Race, Participants have to purchase and present a valid Park ticket for entry into the Park during the Park operating hours.</p>
14	<p><b>賽事選手是否必需要購買樂園門票才可參與各項賽事？</b></p> <p>如賽事選手不打算賽事完結後進入樂園，賽事選手是不需要購買樂園門票。</p>	<p><b>Do Participants need to purchase Park Tickets in order to participate in the Race?</b></p> <p>Participants are not required to purchase park ticket if they are not planning to enter the Park after the Race.</p>
15	<p><b>各賽事之起步時間？</b></p> <p>11 月 1 日的賽事將於早上 6:45 分起分時段開跑。11 月 2 日的賽事將於早上 6:15 分起分時段開跑。</p>	<p><b>What are the starting times for each Race?</b></p> <p>Race on November 1 will start in different time slots from 6:45a.m. Race on November 2 will start in different time slots from 6:15a.m.</p>



16	<p><b>如果到達會場後發現忘記攜帶號碼布及 / 或手帶，可以參與賽事 / 參與活動 / 補發嗎？</b></p> <p>任何人士未能將號碼布扣於胸前位置及佩戴適當手帶，大會均有權取消其參賽資格及拒絕進入樂園範圍。號碼布及手帶如有遺失或損毀，恕不補發，請務必妥善保管。不可轉讓、退換或退款，一經修改即作廢。</p>	<p><b>If I realized I forgot to bring running bib and/or wristband when I arrived event center/venue, can I join the race and/or activity or reissue related items?</b></p> <p>Any person who didn't wear running bib on their chests and correct wristband, the Organizer reserves the right to disqualify the participant concerned and reject to enter park area. Lost or damaged running bibs and wristbands will not be reissued. Please ensure to keep it safe.</p> <p>Running bib and wristbands are Non Transferable, Non Exchangeable, Non Refundable, Void if altered.</p>
17	<p><b>怎樣才可以參加遊樂區活動？遊樂區之開放時間？</b></p> <p>參與「米奇與好友童樂跑」的每位參加者均獲得 3 條手帶。</p> <ul style="list-style-type: none"> <li>- [兒童參加者] 手帶 1 條 - 供兒童參加者本人使用以進入遊樂區；</li> <li>- [陪同參加者] 手帶 ( 18 歲或以上 ) 1 條 - 陪同進入「米奇與好友童樂跑」跑道和遊樂區；</li> <li>- [陪同者] 手帶 1 條 - 陪同進入明日世界內的遊樂區作為照顧者。</li> </ul> <p><u>遊樂區內之活動只限參與「米奇與好友童樂跑」參加者本人參加，陪同參加者及陪同者並不能夠參與活動（迪士尼跑手造型獎除外）。</u></p> <p><u>遊樂區的開放時間為早上 9:00 至早上 11:00，惟最後可進入保安檢查範圍時間為早上 10:30。</u></p> <p>*每位兒童參加者在遊樂區內，必須時刻由最少 1 名 18 歲或以上的陪同參加者陪同及看管。</p> <p><u>所有參加者及其陪同者必須於早上 11:00 或之前離開樂園。</u>如參加者需於活動後進入樂園，可以購買樂園門票並在樂園營運時間內，於樂園正門主閘口出示有效樂園門票進入樂園。</p>	<p><b>How can I register for the Activity Zone? What are the operation hours of the Activity Zone?</b></p> <p>Each Child Participant who enrolled in "Mickey &amp; Friends Junior Races" will have 3 wristbands.</p> <ul style="list-style-type: none"> <li>- One [Child Participant] wristband for access to running route and Activity Zone,</li> <li>- One [Accompanying Participant] (Aged 18 or above) wristband for access running route and Activity Zone,</li> <li>- One [Companion] wristband to enter Tomorrowland Activity Zone without joining the race.</li> </ul> <p><b><u>Only Junior Race Participants are allowed to participate in the activities located in the Activity Zone, apart from the Disney-Style Runway Awards.</u></b></p> <p><b><u>The operation hours of the Activity Zone is from 9:00 a.m. to 11:00 a.m. Last security checks area entry time will be 10:30 a.m.</u></b></p> <p>*Each Child Participant must be accompanied and supervised by at least 1 companion aged 18 or above at all times in the Activity Zone.</p> <p><b><u>All participants and companions must leave the park before 11:00a.m. on the event day.</u></b> If participants would like to enter the park after the event, they must use a valid ticket at the Park Main Entrance for entering the park during Park operating hours.</p>
18	<p><b>兒童參加者及陪同者如何進入遊樂區？</b></p> <p>參加「米奇與好友童樂跑」的兒童參加者必須於進入保安檢查範圍前將號碼布扣於胸前位置並佩戴兒童參加者手帶，陪同人士亦必須於進入保</p>	<p><b>How can Child Participant and accompanying guests access to Activity Zone?</b></p> <p>Child Participants who joined Junior Race MUST wear running bib on their chests with Child Participant wristband on hand before entering security checks area, accompanying guests also have to wear Companion wristbands on hand before entering security checks area for identification. Otherwise, the</p>





	<p>安檢查範圍前佩戴陪同者手帶，以便工作人員辨認，否則大會有權取消其參賽資格及拒絕進入樂園範圍。</p> <p>每位的兒童參加者最多可由兩位成人（18 歲或以上）陪同進入樂園。參加者獲得最多 2 條陪同者手帶用作邀請 1 位陪同參加者（18 歲或以上）陪同進入「米奇與好友童樂跑」跑道及 1 位陪同者陪同進入明日世界內的遊樂區作為照顧者。</p> <p>號碼布及手帶如有遺失或損毀，恕不補發，請務必妥善保管。不可轉讓、退換或退款，一經修改即作廢。</p>					<p>Organizers reserve the right to disqualify the participants concerned and reject their entry to park area.</p> <p>Each Child Participant can enter park area with maximum 2 accompanied adults (aged 18 or above). There will be 2 Companion wristbands for 1 Accompanying Participant (Aged 18 or above) to access running route of “Mickey &amp; Friends Junior Races” and Activity Zone, and 1 Companion to access Activity Zone.</p> <p>Lost or damaged of running bib and wristband will not be reissued. Please ensure to keep it safe. Running bib and wristbands are Non Transferable, Non Exchangeable, Non Refundable, Void if altered.</p>																																								
19	<p><b>在惡劣天氣下，活動會取消嗎？</b></p> <table><tr><td></td><td>米奇與 好友童 樂跑</td><td>Duffy 與好 友 3 公里跑</td><td>魔雪奇緣 3 公里跑</td><td>優獸大都會 5 公里跑</td><td>彼思 10 公里跑</td></tr><tr><td>活動取消 最後時限</td><td colspan="5">活動當天早上 3 時正</td></tr><tr><td>活動安排</td><td colspan="5"><p>如於上述時限，香港天文台已經發出 3 號或以上熱帶氣旋信號、紅色或黑色暴雨警告信號，活動將會被取消。</p><p>而因應任何在上述沒有指明的惡劣天氣情況，大會有絕對酌情權決定順延、暫停或取消活動、任何賽事及任何其附帶娛樂活動及設施。此類情況包括但不限於，在活動取消最後時限後懸掛之雷暴警告及 / 或在活動前或期間發出的 10 公里閃電警告，以及活動前惡劣天氣對設施，場地或路線造成的損壞或阻礙。有關順延、暫停或取消活動之公佈會於活動之官方網站發佈。</p><p>參加者敬請在賽事開始前 16 小時內密切留意天氣報告，當中會顯示熱帶氣旋、紅色或黑色暴雨警告之信號或預測。亦請</p></td></tr></table>						米奇與 好友童 樂跑	Duffy 與好 友 3 公里跑	魔雪奇緣 3 公里跑	優獸大都會 5 公里跑	彼思 10 公里跑	活動取消 最後時限	活動當天早上 3 時正					活動安排	<p>如於上述時限，香港天文台已經發出 3 號或以上熱帶氣旋信號、紅色或黑色暴雨警告信號，活動將會被取消。</p> <p>而因應任何在上述沒有指明的惡劣天氣情況，大會有絕對酌情權決定順延、暫停或取消活動、任何賽事及任何其附帶娛樂活動及設施。此類情況包括但不限於，在活動取消最後時限後懸掛之雷暴警告及 / 或在活動前或期間發出的 10 公里閃電警告，以及活動前惡劣天氣對設施，場地或路線造成的損壞或阻礙。有關順延、暫停或取消活動之公佈會於活動之官方網站發佈。</p> <p>參加者敬請在賽事開始前 16 小時內密切留意天氣報告，當中會顯示熱帶氣旋、紅色或黑色暴雨警告之信號或預測。亦請</p>					<p><b>Will the Event be cancelled due to inclement weather?</b></p> <table><tr><td></td><td>Mickey &amp; Friends Junior Races</td><td>Duffy and Friends 3K</td><td>Frozen 3K</td><td>Zootopia 5K</td><td>Pixar 10K</td></tr><tr><td>Cut off time for Event</td><td colspan="5">3:00am on the date of the Event</td></tr><tr><td>Event arrangements</td><td colspan="5"><p>The Event will be cancelled if tropical cyclone warning signal no.3 or above, and/or red or black rainstorm signal is hoisted by the Hong Kong Observatory at the cut off time.</p><p>In all other inclement weather scenarios not specified above, the Organizers may in their sole discretion delay, suspend or cancel the Event, any Race and any ancillary entertainment activities and facilities. Such scenarios include without limitation thunderstorm warning and/or 10KM lightning warning hoisted after the cut off time; and damage or obstruction to facilities, venue or route caused by inclement weather prior to the Event. Announcements concerning delay, suspension and cancellation will be published on the Event official website.</p><p>Please pay special attention to the weather report during the 16-hour period before the Race start time as it may indicate whether tropical cyclone warning signals, or red or black rainstorm signals are likely to be hoisted. Please also follow the updates on the Event official website closely</p></td></tr></table>						Mickey & Friends Junior Races	Duffy and Friends 3K	Frozen 3K	Zootopia 5K	Pixar 10K	Cut off time for Event	3:00am on the date of the Event					Event arrangements	<p>The Event will be cancelled if tropical cyclone warning signal no.3 or above, and/or red or black rainstorm signal is hoisted by the Hong Kong Observatory at the cut off time.</p> <p>In all other inclement weather scenarios not specified above, the Organizers may in their sole discretion delay, suspend or cancel the Event, any Race and any ancillary entertainment activities and facilities. Such scenarios include without limitation thunderstorm warning and/or 10KM lightning warning hoisted after the cut off time; and damage or obstruction to facilities, venue or route caused by inclement weather prior to the Event. Announcements concerning delay, suspension and cancellation will be published on the Event official website.</p> <p>Please pay special attention to the weather report during the 16-hour period before the Race start time as it may indicate whether tropical cyclone warning signals, or red or black rainstorm signals are likely to be hoisted. Please also follow the updates on the Event official website closely</p>				
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	<p>參加者密切留意活動之官方網站關於活動之最新情況。</p> <p>因惡劣天氣情況而順延、暫停或取消活動、任何賽事及 / 或任何其附帶娛樂活動及設施，大會恕不退還報名費用或作出賠償。</p>	<p>regarding the status of the Event.</p> <p>No refund of entry fee or other compensation will be provided if the Event, any Race and/or any ancillary entertainment activities and facilities are delayed, suspended or cancelled due to inclement weather.</p>
20	<p><b>活動場地有沒有食物及飲用水提供？</b></p> <p>10 公里、5 公里及 3 公里賽道沿途均設有水站，而賽事起點、終點及急救站附近亦設有水站，讓參加者補充水份。另外，會場中心內亦有各式各樣的餐飲以供選購。</p>	<p><b>Any food and water provided during the Event?</b></p> <p>For 10K, 5K and 3K, there will be water stations along the racecourse. Water stations will also be available near the start line, finish line, and First Aid Stations for Participants to replenish water. Besides, there are food and beverages at the Event Center for purchase.</p>
21	<p><b>行李寄存處位於哪裡？</b></p> <p>行李寄存處位於會場中心內。參加者的個人行李必須繫上有大會指定的行李牌以作寄存。工作人員會把大會提供之行李牌繫於行李上，以作識別。請不要寄存任何貴重或危險物品，大會將不會負責任何財物之遺失或損壞。如有任何爭議，參加者須自行負責一切關於寄存行李的責任。</p> <p><b>不可攜帶以下行李進入會場中心及樂園：</b></p> <p>任何尺寸的有輪轆之行李及 / 或任何超過 56 厘米 X36 厘米 X23 厘米的袋、盒、便攜式雪櫃或行李。</p> <p>請注意，「米奇與好友童樂跑」將於樂園內進行並且<u>不設行李寄存處</u>。兒童參加者及其陪同參加者必須自行保管其個人物品，大會將不會負責任何財物之遺失或損壞。如有任何爭議，參加者須自行負責一切關於私人財物之損壞或損失。</p>	<p><b>Where are the Baggage Deposit counters located?</b></p> <p>The Baggage Deposit counters are located inside the Event Center. Baggage needs to be attached with an official baggage tag. Please ensure all personal belongings are well placed.</p> <p>The Officials will assist to securing a baggage tag on the bag after Participant submit their baggage to the designated luggage storage area. Please do not deposit valuable or dangerous item(s). The Organizers will not be responsible for any loss or damage, and Participants will be solely accountable for the items they deposit in case of any dispute.</p> <p><b>The following items cannot be brought into Event Centre and the Park:</b>  <b>Wheeled luggage of any size and /or bags, boxes, coolers or luggage larger than 56cm x 36cm x 23cm.</b></p> <p>Please noted that “<b>Mickey and Friends Junior Races</b>” will be held inside the park <b><u>without any Baggage Deposit counters</u></b>. Child Participants and Accompanying Participants are responsible for the security and protection of their personal belongings at all times. The Organizers will not be responsible for any loss or damage, which is the sole responsibility of the Participants in case of any dispute.</p>
23	<p><b>完成比賽後如何認領行李？</b></p> <p>參加者必須於當日上午 10:15 前需憑號碼布認領行李。</p>	<p><b>How do I collect my baggage after finishing the Race?</b></p> <p>Participants must claim their baggage with their Running Bib before 10:15 a.m. on the same day.</p>



24	<p><b>如何購買活動限量版徽章或其他迪士尼商品？</b></p> <p>購買連結及網上商店代碼（訂單參考編號）將於遞交參加者資料後透過電郵傳送至參加者電郵地址。</p>	<p><b>How can I purchase event executive pins and other merchandise items?</b></p> <p>Online Store Code (Reference Order Number) will be sent to valid participant by email after submitted Participant Information and Acceptance email. Participants can access eStore and settle the payment by using the code.</p>
25	<p><b>我可於哪裡領取購買的迪士尼商品？</b></p> <p>賓客須自行到選手包領取地點領取購買的商品，詳情將於 10 月以電郵通知。</p>	<p><b>Where and when can I redeem the purchased items?</b></p> <p>Guests are required to redeem the purchased items at redemption center, the details will be provided via email in October.</p>

## B. 報名 Enrollment

26	<p><b>我可以透過甚麼途徑參加「10K Weekend - 20 周年派對版 - AIA Vitality 健康程式全力支持」？</b></p> <p>大會只接受網上報名，網上報名將於 7 月 29 日上午 10:00 在香港迪士尼樂園網站開始。參加者可獲得即時報名確認。</p> <p>*報名者需登入 / 建立其 My Disney HK 帳戶以完成報名。</p> <p>*每名報名者（18 歲或以上）最多可為 4 位非兒童參加者（12 歲或以上）及 4 位兒童參加者（12 歲以下）報名。</p> <p>*3 公里賽事的 12 歲以下參加者必須由一名 18 歲或以上的參加者陪同參與相同組別及時段的賽事。</p>	<p><b>How can I participate in “Hong Kong Disneyland 10K Weekend - 20th Anniversary Party Edition - Presented by AIA Vitality”?</b></p> <p>Only online application is available. Online application will start at 10:00 a.m. on Jul 29, 2025 at the Hong Kong Disneyland website. Applicants will receive instant confirmation of application.</p> <p><b>*Applicant needs to log in/sign up to his/her My Disney HK account to complete the application.</b></p> <p><b>*Each aged 18 or above can enroll a maximum of 4 Participants aged 12 or above and 4 Child Participants aged below 12.</b></p> <p><b>*For 3K Race, a Child Participant aged below 12 must be accompanied by a Participant aged 18 or above joining same session in the same 3K race.</b></p>
27	<p><b>「10K Weekend - 20 周年派對版 - AIA Vitality 健康程式全力支持」有年齡限制嗎？</b></p> <p>「米奇與好友童樂跑」適合 5 歲或以下參加者。</p> <p>「Duffy 與好友 3 公里跑」及「魔雪奇緣 3 公里跑」適合 3 歲或以上參加者，如參加者為 12 歲以下必須由一名 18 歲或以上的陪同參加者陪同。</p> <p>「優獸大都會 5 公里跑」及「彼思 10 公里跑」適合 16 歲或以上參加。</p>	<p><b>Are there age limits for “Hong Kong Disneyland 10K Weekend - 20th Anniversary Party Edition - Presented by AIA Vitality”?</b></p> <p>“Mickey &amp; Friends Junior Races” is suitable for children aged 5 or below.</p> <p>“Duffy and Friends 3K” and “Frozen 3K” are suitable for Participants aged 3 or above. A Child Participant who is aged below 12 has to be accompanied by a Participant aged 18 or above.</p> <p>“Zootopia 5K” and “Pixar 10K” are suitable for those aged 16 or above.</p>





28	<p><b>「米奇與好友童樂跑」有指定的起步時間嗎？</b></p> <p>「米奇與好友童樂跑」會分三個時段及小組起步，包括早上 9:00 – 9:35、9:40 – 10:15 分及 10:20 – 10:55，請按所屬時段提前 45 分鐘到達。</p> <p>請注意，最後可進入保安檢查範圍時間為早上 10:30。</p>	<p><b>Is there any specific starting time for “Mickey &amp; Friends Junior Races”?</b></p> <p>“Mickey &amp; Friends Junior Races” will start in 3 different time slots (9:00 a.m. – 9:35 a.m. or 9:40 a.m. – 10:15 a.m. or 10:20 a.m. – 10:55 a.m.) and Participants will be divided into small group. Please arrive 45 mins before the start time of the Race.</p> <p>Please noticed the last security checks area entry time will be 10:30 a.m.</p>
29	<p><b>如比賽當日，參加者未超過該組別的年齡上限，是否可以參加該項賽事？</b></p> <p>如參加者當日的年齡未達到該組別的年齡上限，亦可以參加比賽。以「米奇與好友童樂跑」為例，該組別年齡限制為 5 歲或以下，如參加者於比賽當日未滿 6 歲也可參加賽事。</p>	<p><b>If a Participant has not yet exceeded the upper age limit for a particular Race on race day, could he/she participates in the Race?</b></p> <p>If a Participant has not yet exceeded the upper age limit for a particular Race on race day, he/she can participate. For example, if a child is not 6 years old on the race day, he/she could participate in the “Mickey &amp; Friends Junior Races” as the age limit for this Race is aged 5 or below.</p>
30	<p><b>我已於網上報名，但收不到報名確認電郵，應該怎麼辦？</b></p> <p>當報名者成功報名，會收到確認電郵及相關信息會顯示在已登記的電子設備。參加者亦會收到「參加者資料提交」電郵。請每位參加者於 2025 年 9 月 1 日前完成登記，方視作完成活動報名。</p> <p>參加者如未能於截止日期前提交補充資料完成報名，該參加者將會被取消其參加資格及其賽事名額，大會恕不退還報名費用或作出賠償。如報名失敗，你的電子設備亦會顯示有關通知。</p> <p>如你遇上任何問題或未能收到任何以上資料，請電郵至 <a href="mailto:HKDL.10Kweekend@hongkongdisneyland.com">HKDL.10Kweekend@hongkongdisneyland.com</a> 查詢。</p>	<p><b>What should I do if I made the online application but have not received a confirmation email?</b></p> <p>Applicant will receive a confirmation email and a notification message will be shown on registered electronic device once the application is successfully completed. Participants will also separately receive a Participant’s Information Submission email. Each Participant must complete the submission by September 1, 2025.</p> <p>Incomplete application will result in disqualification without refund or compensation. Notification will also be shown on electronic device if the application is unsuccessful.</p> <p>If you experience any problems or have not received any of the above information, please email to <a href="mailto:HKDL.10Kweekend@hongkongdisneyland.com">HKDL.10Kweekend@hongkongdisneyland.com</a> to inquire.</p>
31	<p><b>當賽事報名名額已滿，有什麼其他方法可以幫朋友 / 家人報名？</b></p> <p>為確保賽事安全進行及讓參加者能夠享受比賽，大會在每一個比賽項目均設有人數限制，先到先得。</p>	<p><b>When the Race application quota is full, are there alternative methods that I can apply for my friends/family members?</b></p> <p>To ensure safety and enjoyment of Participants, each Race is set with a limited quota, and on a first-come-first-served basis.</p>
32	<p><b>提交補充資料後，可否更改 T 恤尺碼？</b></p> <p>一經提交，所有 T 恤尺碼不設更改。</p>	<p><b>Can I change my Event T-shirt size after submitting additional information?</b></p> <p>Event T-shirt size cannot be changed after submission.</p>
33	<p><b>我可否轉移我的參賽資格、號碼布及 / 或計時晶片或手帶予其他人？</b></p> <p>參賽資格、號碼布及 / 或計時晶片均不得轉讓他人。</p>	<p><b>Can I transfer my Race entry, running bib and/or timing chip, or wristband to others?</b></p> <p>All Race entries, running bibs and/or timing chips are non-transferable.</p>



34	<p><b>我可否帶同寵物或使用任何形式的滾軸物體參與賽事嗎？手推車或嬰兒車可進入賽道嗎？</b></p> <p>寵物、滾軸式運動鞋、或任何形式的滾軸物體、單車、手推車或嬰兒車等均不得進入賽道（輪椅參賽者除外）。</p>	<p><b>Can I run with my pet or use any form of wheel-run objects in the Race? Can trolley and stroller enter the racecourse?</b></p> <p>Pets, roller sneakers or any form of wheel-run objects, bicycles, skates, push carts, trolley, stroller etc. are strictly prohibited in the racecourse (except wheelchair Participants).</p>
35	<p><b>賽事適合傷健人士 / 輪椅人士參加嗎？</b></p> <p>賽事歡迎任何公眾人士參加。</p> <p>參加者需自我評估身體狀況，並適時尋求醫護人員的意見以決定是否適合參賽。</p>	<p><b>Are the Race suitable for person with disabilities/ wheelchair users to participate?</b></p> <p>All members of the public are welcome to participate. Participants are encouraged to assess their physical condition and seek medical advice as appropriate to decide whether they should participate in the race.</p>
36	<p><b>輪椅人士可透過什麼途徑報名參加賽事？</b></p> <p>「Duffy 與好友 3 公里跑」及「魔雪奇緣 3 公里跑」賽道適合任何人士參加（3 歲或以上），所有公眾人士必須於活動登記網站報名。</p>	<p><b>What channels are available for wheelchair users to apply for the Race?</b></p> <p>“Duffy and Friends 3K” and “Frozen 3K” are suitable for all Participants aged 3 or above. All members of the public must apply through the Event registration website.</p>
37	<p><b>輪椅參賽者要有甚麼裝束及要注意的事項？</b></p> <p>所有輪椅參賽者必須戴上頭盔進行賽事。於賽事期間，輪椅參賽者必須確保其下肢不會接觸地面或跑道及必須顧及跑道上其他參賽者安全。</p>	<p><b>Any required outfit and precaution for wheelchair Participants?</b></p> <p>Race helmets are compulsory during the Race for all wheelchair Participants. Participants must ensure that no part of their lower limbs will touch the ground or the racecourse during the Event and must take into account the safety of other Participants on the route.</p>
38	<p><b>使用的輪椅有什麼要求嗎？</b></p> <ul style="list-style-type: none"> <li>- 只可使用以手動操作的機械式轉向裝置。</li> <li>- 不准使用機械齒輪或槓桿作賽推動輪椅。</li> <li>- 輪椅參加者必須能夠用手轉動前輪的方向至左或右。</li> <li>- 賽事中不允許使用鏡子。</li> </ul>	<p><b>Any requirements for the wheelchair?</b></p> <ul style="list-style-type: none"> <li>- Only hand-operated, mechanical steering devices will be allowed.</li> <li>- No mechanical gears or levers wheelchair shall be allowed, that may propel the chair.</li> <li>- Participants should be able to turn the front wheel(s) manually both to the left and the right.</li> <li>- The use of mirrors is not permitted during the Race.</li> </ul>
39	<p><b>輪椅參賽者可否寄存代步輪椅？</b></p> <p>輪椅參賽者可於比賽當日於香港迪士尼樂園的行李寄存服務寄存其代步輪椅。行李寄存設於迎樂路（近港鐵迪士尼站）。</p> <p>收費及行李寄存服務詳情：  <a href="https://www.hongkongdisneyland.com/zh-hk/guest-services/luggage-valet-and-storage-lockers/">https://www.hongkongdisneyland.com/zh-hk/guest-services/luggage-valet-and-storage-lockers/</a> </p>	<p><b>Can I store my spare wheelchair?</b></p> <p>Wheelchair Participants may store their spare wheelchair at the Luggage Valet of Hong Kong Disneyland Park on the race day. Luggage Valet is located on Park Promenade near MTR Disneyland Resort Station.</p> <p>Details of charges and the Luggage Valet service:  <a href="https://www.hongkongdisneyland.com/guest-services/luggage-valet-and-storage-lockers/">https://www.hongkongdisneyland.com/guest-services/luggage-valet-and-storage-lockers/</a> </p>



40	<p>若我的輪椅於比賽期間損毀，該如何處理？</p> <p>如損毀輕微及情況許可，請停泊於賽道的一旁，並尋求大會工作人員協助。</p>	<p><b>What should I do if my wheelchair is damaged during the Race?</b></p> <p>If the damage is mild and situation permits, please stop at one side of the racecourse and seek assistance from the Officials.</p>
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### C. 「奇妙處處通」會員資訊 Magic Access Members' information

41	<p><b>「奇妙處處通」會員有甚麼優惠？</b></p> <p>「奇妙處處通」會員可享用「早鳥優惠」報名。名額有限，先到先得。每位「奇妙處處通」會員只可享用「早鳥優惠」一次，請確保在同一個訂單內完成交易。若持有多於一張會員卡，您可變更帳戶內的主卡以享用其他會員的「早鳥優惠」。</p>	<p><b>Any offers for Magic Access Members?</b></p> <p>Magic Access members may enjoy Early Bird promotion offer for enrollment. Quotas are limited and on a first-come-first-served basis. Each Magic Access member can only enjoy the Early Bird promotion offer once, please make sure to complete the transaction within the same order. If you have more than one Magic Access Membership card, you may change it as primary card in your MyDisney HK account to enjoy Early Bird promotion offer of other Magic Access Members.</p>
42	<p><b>「奇妙處處通」會員怎樣可以使用優惠？</b></p> <p>「奇妙處處通」會員將會收到指定連結，會員必須使用已連結有效「奇妙處處通」的 MyDisney HK 帳戶報名。如您的 MyDisney HK 帳戶已連結多於一張會員卡，您可變更帳戶內的主卡以享用其他會員的優惠。</p>	<p><b>How to enjoy Magic Access Member offer?</b></p> <p>Magic Access Member will receive a designated link for race enrollment; Magic Access Member must use his/her MyDisney HK account which linked to a valid Magic Access Membership card. If your MyDisney HK account have linked more than one Magic Access Membership card, you may change it as primary card in your account to enjoy offers of other Members.</p>

### D. 選手包換領資訊 Runner's Pack Redemption Information

43	<p><b>大會會否提供選手包予參加者？選手包可於何時領取？</b></p> <p>各參加者（米奇與好友童樂跑除外）會獲得選手包一份，包括「香港迪士尼樂園 10K Weekend - 20 周年派對版 - AIA Vitality 健康程式全力支持」活動 T 恤一件、活動號碼布及 20 周年 SouvenEAR 迷你派對配飾（10K Weekend 限定版）。</p> <p>而「米奇與好友童樂跑」選手包則包括「香港迪士尼樂園 10K Weekend - 20 周年派對版 - AIA Vitality 健康程式全力支持」活動 T 恤一件、活動號碼布、</p>	<p><b>Will the Organizers provide Runner's Packs to Participants? When can Participants collect the Runner's Packs?</b></p> <p>Each Participant (except Mickey and Friends Junior Races) will receive a Runner's Pack, which includes "Hong Kong Disneyland 10K Weekend - 20th Anniversary Party Edition - Presented by AIA Vitality" Event T-shirt, an Event running bib, 20th Anniversary SouvenEAR Mini Party accessory (10K Weekend Edition).</p> <p>"Mickey &amp; Friends Junior Races" Runner's Pack, which includes "Hong Kong Disneyland 10K Weekend - 20th Anniversary Party Edition - Presented by AIA Vitality" Event T-shirt, an Event running bib, 20th Anniversary SouvenEAR Mini Party accessory (10K Weekend Edition),</p>
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	<p>20 周年 SouvenEAR 迷你派對配飾 ( 10K Weekend 限定版 ) 、活動貼紙、1 條兒童參加者手帶及 2 條陪同者手帶。</p> <p>領取地點及時間會以電郵方式通知。每位成功報名的參加者須攜同領取確認電郵領取活動選手包。管制即棄塑膠新法例於 2024 年 4 月 22 日開始實施。在新法例下，大會將不會於選手包領取地點提供及 / 或售賣任何購物袋。屆時請自備購物袋。</p> <p>恕不接受即場領取即日賽事之活動選手包。參加 11 月 1 日賽事之參加者，必須於 10 月 31 日或之前領取選手包。參加 11 月 2 日賽事之參加者，必須於 11 月 1 日或之前領取選手包。</p> <p>活動 T 恤設有不同碼數供參加者選擇，參加者請於網上資料提交時選擇尺碼。如未能選擇所需尺碼，則表示該尺碼已沒有存貨。一經提交，所有尺碼不設更改。</p>	<p>Event Sticker, 1 Child Participant wristband and 2 Companion wristbands.</p> <p>Redemption location and time will be informed by email. Participants who have successfully registered must present the redemption email to redeem their Runner's Packs. <b>The new regulation on disposable plastic products starts on April 22, 2024. Under the new regulation, no shopping bag will be provided and/or sold at the redemption location. Please bring your own bag.</b></p> <p>Redemption is not available on race day. For Participants who participate in Race on November 1, Runner's Packs MUST be redeemed on or before October 31. For Participants who participate in Race on November 2, Runner's Packs MUST be redeemed on or before November 1. Event T-shirts are available in different sizes and Participants can select a size when submitting information online. If the size is not available when applying, it means the size is already out of stock. No size can be changed after submission of the application.</p>
44	<p><b>選手包領取通知電郵會於什麼時候發出？</b></p> <p>有關選手包領取通知將於 10 月中前以電郵形式陸續發出。如參加者有額外加購商品及巴士車票，亦會分別收到領取通知電郵。</p> <p>請留意，選手包領取；及 / 或商品領取之電郵會發送到參加者登記電郵地址，而訂單內之巴士車票換票証則會發送至報名者登記電郵地址。</p>	<p><b>When will participant receives Runner's Pack redemption email?</b></p> <p>The redemption email will be sent to the registered email address by mid October. Additionally, participant will receive separate emails if they purchase bus tickets and additional merchandise.</p> <p>Please be aware that email for the runner's pack redemption and merchandise items will be sent to the participant registered email address, whereas the redemption email for bus tickets will be sent to the registered email address of the applicant's registered email address.</p>
45	<p><b>參加者應如何領取已購買之巴士車票？</b></p> <p>報名者須於選手包領取日期內領取實體巴士車票。</p> <p>報名者可在選手包領取的指定時間內到指定地點並跟從工作人員指示排隊領取選手包、巴士車票；及 / 或訂購商品。</p>	<p><b>Where and how should participant get the bus ticket?</b></p> <p>Applicants are required to redeem their physical bus tickets in the period of redemption.</p> <p>During the redemption period, Applicants are required to present the redemption notification email and follow officials instructions to queue for the runner's pack, bus tickets, and/or merchandise redemption.</p>





	<p>有關巴士接載地點詳情，請瀏覽  <a href="https://secure.cdn1.wdpromedia.com/media/hkdl/10k-weekend/2025/2025-shuttle-bus-schedule.pdf">https://secure.cdn1.wdpromedia.com/media/hkdl/10k-weekend/2025/2025-shuttle-bus-schedule.pdf</a></p> <p>請注意，參加者於登車時必須出示實體車票。</p>	<p>For details on the bus pickup locations, please visit  <a href="https://secure.cdn1.wdpromedia.com/media/hkdl/10k-weekend/2025/2025-shuttle-bus-schedule.pdf">https://secure.cdn1.wdpromedia.com/media/hkdl/10k-weekend/2025/2025-shuttle-bus-schedule.pdf</a></p> <p>Please be reminded that participant must present the physical bus tickets when boarding the bus.</p>
46	<p>如參加者在指定日期及時間未能領取選手包，參加者可否授權朋友 / 家人代替他們領取？</p> <p>可以，授權人士必須在領取參加者選手包時出示參加者之領取確認電郵作核對。</p>	<p><b>If Participants cannot collect their Runner's Packs on the redemption dates and time, could the Participants authorize their friends/family members to pick up on their behalf?</b></p> <p>Yes, the authorized person must present the Participant's redemption email to redeem the Participant's Runner's Packs.</p>

#### E. 服裝及有關指引 Clothing and related guidelines

47	<p><b>活動當日有沒有服裝要求？</b></p> <p>請穿著合適的運動服及運動鞋。謹記將參加者號碼布時刻配戴於可容易看見的胸前位置，以便工作人員辨認你的比賽編號。</p>	<p><b>Any clothing guidelines for the Event day?</b></p> <p>Please wear proper sportswear and running shoes. Display the official running bib on your chest in a clearly visible at all times during the race to enable the Officials to identify your race number.</p>
48	<p><b>參加者可否扮演成迪士尼朋友？</b></p> <p>可以，但必須遵守以下之額外衣著指引。</p> <ul style="list-style-type: none"> <li>- 服裝必須是家庭親和及不會阻礙其他參加者、令人反感、有冒犯及暴力成份。</li> <li>- 如參加者裝扮成迪士尼朋友，不可讓其他參加者拍攝及給任何人仕簽名。</li> <li>- 服裝不可過長以致在地上拖行。</li> <li>- 服裝不可包含尖銳、鋒利的物品，或可會意外撞擊其他參加者的物料。</li> <li>- 服裝不可含有任何類似武器或很容易被誤認為是實際的武器。</li> <li>- 參加者不遵守此指引將可能被拒絕進入及 / 或移離賽事或任何賽事相關之活動，除非他們的服裝作出修改，以符合上述標準。</li> <li>- 號碼布必須清晰展示出胸前。</li> </ul>	<p><b>Can Participants dress up as Disney Character?</b></p> <p>Yes, you may but please comply with the following additional attire guidelines.</p> <ul style="list-style-type: none"> <li>- Costumes must be family-friendly and may not be obstructive to other Participants, objectionable, offensive, and violent.</li> <li>- Participants who dress like Characters may not pose for pictures or sign autographs for other persons.</li> <li>- Costumes may not drag on the ground.</li> <li>- Costumes may not contain sharp objects, pointed objects and materials that may accidentally strike another Participants.</li> <li>- Costumes may not contain any weapons which resemble or could easily be mistaken for an actual weapon.</li> <li>- Participants who do not adhere to these guidelines may be refused entry into, and/or removed from, a Race or any</li> </ul>





	<ul style="list-style-type: none"> <li>- 與迪士尼朋友自拍前，參加者必須把某些裝扮服飾除下，例如全面罩及頭盔。</li> <li>- 為確保每人安全，參加者所佩戴面罩必須時刻無礙周邊視線，雙眼位置必須完全清晰無阻。參加者亦應考慮該面罩是否適合在賽事時戴上。</li> </ul>	<p>Race-related activities unless their costume can be modified to meet the above standards.</p> <ul style="list-style-type: none"> <li>- The running bib must be clearly displayed in front of the chest.</li> <li>- Certain accessories, such as full-face masks and helmets, must be removed before taking selfie photos with Disney Characters.</li> <li>- For everyone's safety, full-face masks must provide unobstructed peripheral vision at all times with opening that allows the eyes to be fully seen when worn by Participants. Participants should also consider if such full-face mask is suitable for wearing in the Race.</li> </ul>
49	<p><b>要怎樣參與「迪士尼跑手造型獎」？</b></p> <p>有意參與「迪士尼跑手造型獎」比賽的參加者，請於參賽當天提早到位於會場中心的「迪士尼跑手造型獎」登記處登記，並由大會工作人員協助拍攝相片。登記時請提供參加者號碼布以茲識別。跑手造型一經提交不設更改。參加者須以登記造型完成相關賽事。</p>	<p><b>How to enroll the competition in “Disney-Style Runway Awards”?</b></p> <p>Participants who want to enroll the competition in “Disney-Style Runway Awards”, please approach “Disney-Style Runway Awards” Registration Booth in Event Center, and The Officials will assist in taking photo*. Please provide your running bib for identification when registering. The photo cannot be changed or adjusted after submission. Participants must complete the relevant competition in the registered appearance.</p>



## Appendix

### Start time and time limit of each Race

### 每一賽事之起跑時間及時限

2025 年 11 月 1 日 ( 星期六 ) Nov 1, 2025 (SAT)

活動時間表只供參考，並可能更改。Event schedule is for your reference only and subject to change.

賽事 Race Category	優獸大都會 5 公里跑 Zootopia 5K	Duffy 與好友 3 公里跑 Duffy and Friends 3K	米奇與好友童樂跑 Mickey & Friends Junior Races
起步時間 Start Time	6:45	第 1 組 / 1 <sup>st</sup> Group: 7:30 第 2 組 / 2 <sup>nd</sup> Group: 8:15 第 3 組 / 3 <sup>rd</sup> Group: 9:00	第 1 組 / 1 <sup>st</sup> Group: 9:00 – 9:35 第 2 組 / 2 <sup>nd</sup> Group: 9:40 – 10:15 第 3 組 / 3 <sup>rd</sup> Group: 10:20 – 10:55 (分時段起步 / Separate starting times)
起步截止時間 Start Cut Off Time	6:55	第 1 組 / 1 <sup>st</sup> Group: 7:40 第 2 組 / 2 <sup>nd</sup> Group: 8:25 第 3 組 / 3 <sup>rd</sup> Group: 9:10	第 1 組 / 1 <sup>st</sup> Group: 9:35 第 2 組 / 2 <sup>nd</sup> Group: 10:15 第 3 組 / 3 <sup>rd</sup> Group: 10:55
檢查點 – 樂園正門入口 Checkpoint – Park Entrance	7:40	第 1 組 / 1 <sup>st</sup> Group: 7:55 第 2 組 / 2 <sup>nd</sup> Group: 8:40 第 3 組 / 3 <sup>rd</sup> Group: 9:25	不適用 Not Applicable
檢查點 – 城堡前廣場 Checkpoint – Castle Hub	7:45	第 1 組 / 1 <sup>st</sup> Group: 8:00 第 2 組 / 2 <sup>nd</sup> Group: 8:45 第 3 組 / 3 <sup>rd</sup> Group: 9:30	不適用 Not Applicable
檢查點 – 童話園林 Checkpoint – Fairy Tale Forest	8:00	第 1 組 / 1 <sup>st</sup> Group: 8:15 第 2 組 / 2 <sup>nd</sup> Group: 9:00 第 3 組 / 3 <sup>rd</sup> Group: 9:45	不適用 Not Applicable
檢查點 – 樂園正門出口 Checkpoint – Park Exit	8:10	第 1 組 / 1 <sup>st</sup> Group: 8:25 第 2 組 / 2 <sup>nd</sup> Group: 9:10 第 3 組 / 3 <sup>rd</sup> Group: 9:55	不適用 Not Applicable
比賽時限 Time Limit	1.5 小時 1.5 hours	1 小時 1 hour	不設時限 Nil
建議到達 香港迪士尼樂園時間 Suggested Arrival time at HKDL	5:30	第 1 組 / 1 <sup>st</sup> Group: 6:15 第 2 組 / 2 <sup>nd</sup> Group: 7:00 第 3 組 / 3 <sup>rd</sup> Group: 7:45	按所屬時段 提前 45 分鐘到達 Arrive 45mins before starting time
行李寄存時間 Baggage Deposit Time	5:30 – 6:30	第 1 組 / 1 <sup>st</sup> Group: 6:15 – 7:15 第 2 組 / 2 <sup>nd</sup> Group: 7:00 – 8:00 第 3 組 / 3 <sup>rd</sup> Group: 7:45 – 8:45	不適用 Not Applicable
行李寄存處關閉時間 Closing Time of Baggage Collection Area	9:00	第 1 組 / 1 <sup>st</sup> Group: 9:00 第 2 組 / 2 <sup>nd</sup> Group: 9:45 第 3 組 / 3 <sup>rd</sup> Group: 10:15	不適用 Not Applicable

Last Update on Aug 20, 2025



2025 年 11 月 2 日 ( 星期日 ) Nov 2, 2025 (SUN)

活動時間表只供參考，並可能更改。Event schedule is for your reference only and subject to change.

賽事 Race Category	彼思 10 公里跑 Pixar 10K		魔雪奇緣 3 公里跑 Frozen 3K	魔雪奇緣 3 公里 共融跑 Frozen Inclusive 3K Run (by invitation)	香港迪士尼樂園 領袖 3 公里跑 Hong Kong Disneyland Leadership 3K (by invitation)	米奇與好友童樂跑 Mickey & Friends Junior Races
	比賽組 Race Group	歡樂組 Fun Group				
起步時間 Start Time	6:15	7:00	第 1 組 / 1 <sup>st</sup> Group: 7:45 第 2 組 / 2 <sup>nd</sup> Group: 8:15 第 3 組 / 3 <sup>rd</sup> Group: 9:00	7:10	8:00	第 1 組 / 1 <sup>st</sup> Group: 9:00 – 9:35 第 2 組 / 2 <sup>nd</sup> Group: 9:40 – 10:15 第 3 組 / 3 <sup>rd</sup> Group: 10:20 – 10:55 (分時段起步 / Separate starting times)
起步截止時間 Start Cut Off Time	6:25	7:10	第 1 組 / 1 <sup>st</sup> Group: 7:55 第 2 組 / 2 <sup>nd</sup> Group: 8:25 第 3 組 / 3 <sup>rd</sup> Group: 9:10	7:10	8:00	第 1 組 / 1 <sup>st</sup> Group: 9:35 第 2 組 / 2 <sup>nd</sup> Group: 10:15 第 3 組 / 3 <sup>rd</sup> Group: 10:55
檢查點 – 樂園正門入口 Checkpoint – Park Entrance	7:40	8:25	第 1 組 / 1 <sup>st</sup> Group: 8:10 第 2 組 / 2 <sup>nd</sup> Group: 8:40 第 3 組 / 3 <sup>rd</sup> Group: 9:25	不適用 Not Applicable	不適用 Not Applicable	不適用 Not Applicable
檢查點 – 城堡前廣場 Checkpoint – Castle Hub	7:45	8:30	第 1 組 / 1 <sup>st</sup> Group: 8:15 第 2 組 / 2 <sup>nd</sup> Group: 8:45 第 3 組 / 3 <sup>rd</sup> Group: 9:30	不適用 Not Applicable	不適用 Not Applicable	不適用 Not Applicable
檢查點 – 童話園林 Checkpoint – Fairy Tale Forest	8:00	8:45	第 1 組 / 1 <sup>st</sup> Group: 8:30 第 2 組 / 2 <sup>nd</sup> Group: 9:00 第 3 組 / 3 <sup>rd</sup> Group: 9:45	不適用 Not Applicable	不適用 Not Applicable	不適用 Not Applicable
檢查點 – 樂園正門出口 Checkpoint – Park Exit	8:10	8:55	第 1 組 / 1 <sup>st</sup> Group: 8:40 第 2 組 / 2 <sup>nd</sup> Group: 9:10 第 3 組 / 3 <sup>rd</sup> Group: 9:55	不適用 Not Applicable	不適用 Not Applicable	不適用 Not Applicable
比賽時限 Time Limit	2 小時 2 hours	2 小時 2 hours	1 小時 1 hour	1 小時 1 hour	1 小時 1 hour	不設時限 Nil
建議到達 香港迪士尼樂園時間 Suggested Arrival time at HKDL	5:15	5:45	第 1 組 / 1 <sup>st</sup> Group: 6:30 第 2 組 / 2 <sup>nd</sup> Group: 7:00 第 3 組 / 3 <sup>rd</sup> Group: 7:45	6:10	7:30	按所屬時段 提前 45 分鐘到達 Arrive 45mins before starting time
行李寄存時間 Baggage Deposit Time	5:15 – 6:00	5:45 – 6:45	第 1 組 / 1 <sup>st</sup> Group: 6:30 – 7:30 第 2 組 / 2 <sup>nd</sup> Group: 7:00 – 8:00 第 3 組 / 3 <sup>rd</sup> Group: 7:45 – 8:45	6:10 – 6:55	不適用 Not Applicable	不適用 Not Applicable
行李寄存處關閉時間 Closing Time of Baggage Collection Area	8:45	9:30	第 1 組 / 1 <sup>st</sup> Group: 9:00 第 2 組 / 2 <sup>nd</sup> Group: 9:45 第 3 組 / 3 <sup>rd</sup> Group: 10:15	8:15	不適用 Not Applicable	不適用 Not Applicable

Last Update on Aug 20, 2025